

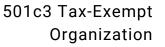






2019 MEETUP GUIDE MU SIGMA UPSILON FOUNDATION INC.

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RUN LIKE AN

VIRTUAL 5K



# PLANNING A MEETUP

Here are a few ways you can rally your community to participate in a Run Like an Amazon 5k Meet-Up:

#### 1) Choose a route and a meet-up time.

The route can be around your neighborhood, on a track, or anywhere you can complete 3.1 miles on Sunday, **November 17th**. Choose a route that is safe and avoid running before dawn and after dusk. Consider walking or running the route at least once so you're familiar with the course.

## 2) Create your fundraising team.

Creating a fundraising team is an easy way to share why you're running, recruit your friends, and raise funds for the MSU Foundation. To set up your team, you first need to set up your own fundraising page by visiting **Give.Classy.org/RunLikeAnAmazon2019**. You'll then be given the opportunity to create a new team. As the team captain, you can use your page to share all the details of your meet-up.





# PLANNING A MEETUP

## 3) Register your Meet-Up!

We'd love to hear where folks are hosting meet-ups! You can register your Meet-Up here.

### 4) Invite your community.

Invite your friends, family, and neighbors to join you. All registered participants will receive a limited edition Run Like an Amazon T-Shirt and MSU Foundation Lightweight Visor! Register here.

#### 5) Get social.

On race day, make sure to capture your 5k and share your response cards with us on Facebook and Instagram using #RunLikeAnAmazon!

QUESTIONS? Contact us at foundation@msu1981.org

